

## **2021-22 Triton Regional High School Winter Sports Sign-up & Registration Information**

In order to participate in a winter sport at Triton, you must complete all the items in the following checklist, in its entirety, and the physical packet must be reviewed by the school physician and/or school nurse. The student-athlete may not participate in any sport related activity until the school physician or nurse has approved all of the student-athlete's paperwork. In order to be a team manager, you must complete Step 1 only.

All Health forms, and directions, can be accessed using the links below or on the [Triton Athletic Department webpage](#)

### **Step 1 - Register Online with the Parent Access Portal in Genesis:**

Triton's Athletic Department uses the Genesis Parent Portal for its Athletic Participation Forms. All forms must be completed by a parent or legal guardian and completed prior to each sport season (fall, winter, and spring).

- Genesis Forms open: **Monday, September 27th**
- Swimming must be completed by: **Monday, November 1st**
- Basketball, Cheerleading, Winter Track and Wrestling must be completed by: **Monday, November 15th**

Click the image to go to the Genesis Parent Portal



*If you do not remember your password, you can use the "forgot my password" function. Your username is the email address we have on file in Genesis. Only click it once. Please be aware that the password reset could take some time, up to 24 hours. If you still do not receive an email, please contact the Counseling Office for assistance.*

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### **Step 2 – Health Forms:**

- Swimming: **Due – Nov 1, 2021**
- Basketball, Cheerleading, Winter Track and Wrestling: **Due – Nov 15, 2021**

(Any physical handed in after the due date will delay your child from being cleared to start practices with their teams)

- Physical Examination Form: If your child has not had a physical in the past year you will need to schedule an appointment with their Primary care physician. [Pre-Participation Physical Examination Form](#) (Physical packet)
- Hard copies of the forms are available in the Athletic Office.
- Please contact the school nurse for specific information regarding your child's necessary Health Forms

*All Physical Evaluation Forms must be reviewed by the school physician per NJ state law for your child to be cleared. Please drop your forms off to the school nurse or the Athletic Office by the date listed above to allow enough time for review and processing.*

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### **Step 3 - ImPACT Baseline Test:**

The online ImPACT Baseline Test is required once a year during your freshman & junior years before the athlete's first sport. If you are going to be in 10th or 12th grade and this is your first time on a sports team, or you are new to Triton Regional High School, you will need to take the baseline test. If you are currently being treated by a doctor for a concussion, do not take the baseline test and contact the Athletic Trainer or nurse ASAP.

For ImPACT Test directions, [click here](#).

*If you have any question concerning the ImPACT test, please contact the following:  
Athletic Training Office – 856-939-4500 x2078*

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### **CHECKLIST**

- Register on Genesis (necessary for every Season - Fall, Winter, Spring)
- Drop off necessary forms to Nurse's Office or Athletic Office
- 9<sup>th</sup>/11<sup>th</sup> grade (or new student @ Triton) - Take the ImPACT test

### **All Steps completed by:**

- **Nov. 1st** for Swimming
- **Nov. 15th** for Basketball, Cheerleading, Winter Track and Wrestling